

THE ORIGINAL

ARON&VAYLE

CAPE TOWN | SOUTH AFRICA

A caffeine-free tea, rich in antioxidants and essential minerals for a healthy lifestyle.



ROOIBOS TEA

GREEN TEA AND GINGER FLAVOUR

20 BAGS

NUTRITIONAL INFORMATION OF ROOIBOS TEA*

	Per 100ml tea	Per 200ml tea (single serving)
Energy (kJ)	0	0
Protein (g)	0	0
Glycaemic carbohydrate (g) of which total sugar (g)	0	0
Total fat (g) of which saturated fat (g)	0	0
Dietary fibre (g) **	0	0
Total sodium (mg)	3.8	7.6

* Provided by the South African Rooibos Council based on the analysis at SANAS - accredited Laboratories (SANAS - South African National Accreditation System)

** Fibre content determined by using the AOAC 985.29 method.

Ingredients: Rooibos tea, green tea, ginger root and 20 unbleached tea bags.

www.aron&vayle.com

clientservice@aron&vayle.com

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HEALTH BENEFITS OF ROOIBOS TEA

Rooibos tea is a medicinal, herbal beverage that is acquired from the Aspalathus linearis bush plant that is found in South Africa. The health benefits of rooibos tea include its use as a cure for headaches, stomach cramps, insomnia, asthma, eczema, bone weakness, hypertension, allergies, and premature aging while also boosting the immune system. The US Department of Agriculture in Washington, DC, which has affirmed that rooibos tea is capable of reducing cancer, heart disease, premature aging and other serious conditions.

Rooibos tea is rich in iron, calcium, potassium, copper, fluoride, manganese, zinc, magnesium and alpha hydroxy acid. It also contains antioxidants like aspalathin and nothofagin, and the extremely potent and versatile phenolic compounds.

CAFFEINE FREE

KILOJOULE FREE

OXALIC ACID FREE

FAT FREE

LOW IN SODIUM

LOW IN TANNINS

RICH IN ANTIOXIDANTS

INSTRUCTIONS TO MAKE THE PERFECT CUP



Place tea bag into pre-heated cup



Fill cup three quarters with freshly boiled water



5 MIN



Allow tea bag to steep for 5 minutes



Enjoy as is, or add milk and honey or sugar and stir till dissolved

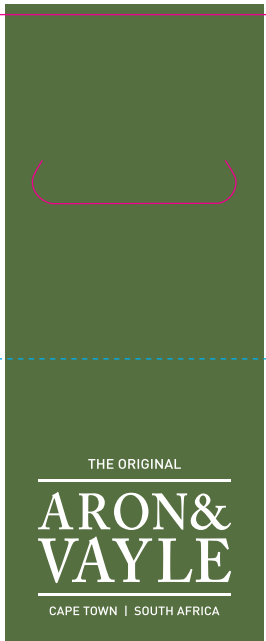


Recycle

40 GRAMS



0 123456 789012



A **caffeine-free** tea, **rich in antioxidants** and **essential minerals** for a healthy lifestyle.



ROOIBOS TEA
ORIGINAL FLAVOUR

20 BAGS

NUTRITIONAL INFORMATION OF
ROOIBOS TEA*

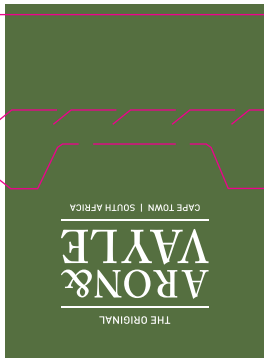
	Per 100ml tea	Per 200ml tea (single serving)
Energy (kJ)	0	0
Protein (g)	0	0
Glycaemic carbohydrate (g) of which total sugar (g)	0 0	0 0
Total fat (g) of which saturated fat (g)	0 0	0 0
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INSTRUCTIONS TO MAKE THE
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5 MIN

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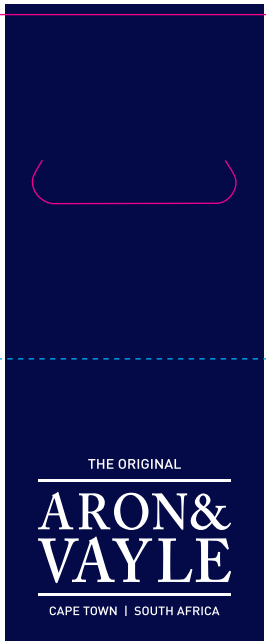


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ROOIBOS TEA
BLACKCURRANT FLAVOUR

20 BAGS



NUTRITIONAL INFORMATION OF
ROOIBOS TEA*

	Per 100ml tea	Per 200ml tea (single serving)
Energy (kJ)	0	0
Protein (g)	0	0
Glycaemic carbohydrate (g) of which total sugar (g)	0 0	0 0
Total fat (g) of which saturated fat (g)	0 0	0 0
Dietary fibre (g) **	0	0
Total sodium (mg)	3.8	7.6

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** Fibre content determined by using the AOAC 985.29 method.

Ingredients: Rooibos tea, green tea, ginger root and 20 unbleached tea bags.

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CAFFEINE FREE

KILOJOULE FREE

OXALIC ACID FREE

FAT FREE

LOW IN SODIUM

LOW IN TANNINS

RICH IN ANTIOXIDANTS



INSTRUCTIONS TO MAKE THE
PERFECT CUP



Place tea bag into pre-heated cup



Fill cup three quarters with freshly boiled water



Allow tea bag to steep for 5 minutes



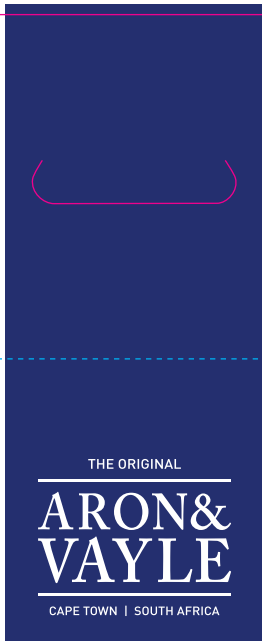
Enjoy as is, or add milk and honey or sugar and stir till dissolved



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ROOIBOS TEA

BLUEBERRY FLAVOUR

20 BAGS

NUTRITIONAL INFORMATION OF ROOIBOS TEA*

	Per 100ml tea	Per 200ml tea (single serving)
Energy (kJ)	0	0
Protein (g)	0	0
Glycaemic carbohydrate (g) of which total sugar (g)	0	0
Total fat (g) of which saturated fat (g)	0	0
Dietary fibre (g) **	0	0
Total sodium (mg)	3.8	7.6

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CAFFEINE FREE

KILOJOULE FREE

OXALIC ACID FREE

FAT FREE

LOW IN SODIUM

LOW IN TANNINS

RICH IN **ANTIOXIDANTS**

INSTRUCTIONS TO MAKE THE PERFECT CUP



Place tea bag into pre-heated cup



Fill cup three quarters with freshly boiled water



5 MIN

Allow tea bag to steep for 5 minutes



Enjoy as is, or add milk and honey or sugar and stir till dissolved



Recycle

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ROOIBOS TEA

MANGO FLAVOUR

20 BAGS

NUTRITIONAL INFORMATION OF ROOIBOS TEA*

	Per 100ml tea	Per 200ml tea (single serving)
Energy (kJ)	0	0
Protein (g)	0	0
Glycaemic carbohydrate (g) of which total sugar (g)	0	0
Total fat (g) of which saturated fat (g)	0	0
Dietary fibre (g) **	0	0
Total sodium (mg)	3.8	7.6

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CAFFEINE FREE

KILOJOULE FREE

OXALIC ACID FREE

FAT FREE

LOW IN SODIUM

LOW IN TANNINS

RICH IN ANTIOXIDANTS



0 123456 789012

INSTRUCTIONS TO MAKE THE PERFECT CUP



Place tea bag into pre-heated cup



Fill cup three quarters with freshly boiled water



5 MIN



Allow tea bag to steep for 5 minutes



Enjoy as is, or add milk and honey or sugar and stir till dissolved



Recycle

40 GRAMS

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ROOIBOS TEA

PEACH FLAVOUR

20 BAGS

NUTRITIONAL INFORMATION OF ROOIBOS TEA*

	Per 100ml tea	Per 200ml tea (single serving)
Energy (kJ)	0	0
Protein (g)	0	0
Glycaemic carbohydrate (g) of which total sugar (g)	0	0
Total fat (g) of which saturated fat (g)	0	0
Dietary fibre (g) **	0	0
Total sodium (mg)	3.8	7.6

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Place tea bag into pre-heated cup



Fill cup three quarters with freshly boiled water



5 MIN



Allow tea bag to steep for 5 minutes



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ROOIBOS TEA

VANILLA FLAVOUR

20 BAGS

NUTRITIONAL INFORMATION OF ROOIBOS TEA*

	Per 100ml tea	Per 200ml tea (single serving)
Energy (kJ)	0	0
Protein (g)	0	0
Glycaemic carbohydrate (g) of which total sugar (g)	0	0
Total fat (g) of which saturated fat (g)	0	0
Dietary fibre (g) **	0	0
Total sodium (mg)	3.8	7.6

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Fill cup three quarters with freshly boiled water

5 MIN



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